

# Teen Dating Abuse Workshop



## 180 Turning Lives Around

presents:

## Teen Dating Abuse Workshop

“Healthy and Unhealthy Relationships”

This workshop is for high school students grades 9 –12.

### Did you know...

◇ 1 in 3 adolescents is a victim of emotional, physical or sexual abuse from a dating partner?

◇ Dating abuse affects around 1.5 million teens annually?

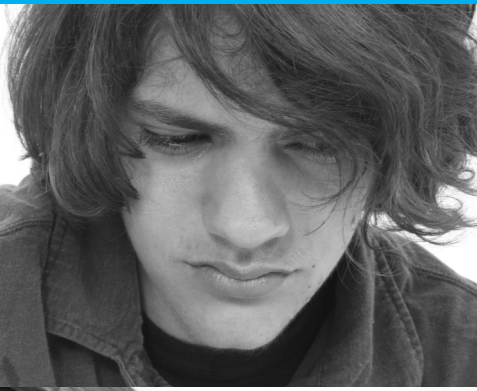
There is free help available in Monmouth County at **180 Turning Lives Around**. We offer counseling support to survivors of teen dating abuse. 180 can help you identify the signs of a healthy and an unhealthy relationship and discover next steps.

Date:	March 7
Time:	5:30 PM—6:30 PM
Location:	180 Turning Lives Around 1 Bethany Road Bldg. 3, Suite 42 Hazlet, NJ 07730
RSVP:	Please call Monica at: 732-264-4360 ext. 4283

*Workshops have limited space so early RSVP is requested.*

**180** *Turning Lives Around, Inc.*

# Teen Dating Abuse Workshop



makes you choose between them and your friends, insisting you spend all your time with them, making you question your own judgment of friends and family, and making you feel dependent on them for money, love or acceptance



rushing the pace of a relationship, always wanting to see you and talk to you, and feeling like someone is obsessed with you



mood swings, losing control of themselves by getting violent or yelling, threatening to hurt you or destroy things, and making you feel afraid of them. This can also be lots of drama or ups and downs in a relationship.



getting upset when you text or hang out with people your partner feels threatened by, accusing you of flirting or cheating, being possessive over you or even going so far as to stalk you.

